



# Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

*Powered by Avera Sports*

## 7<sup>th</sup>-12<sup>th</sup> Grade Boys & Girls

### Shooting & Scoring Workout

*Open to all area athletes*

The Shooting Workout is an intense 75 minute shooting workout. Multiple shooting drills will be used each week to simulate game shots, from game spots, at game speed.

**Location:** STM High School Gym

**Cost:** \$119 *Online payment can be made at time of registration.*

**Athletes will receive a Warwick Workout t-shirt & shorts.**

**\*\*BRING YOUR OWN BASKETBALL EACH TIME TO WORKOUTS\*\***

Saturday, Sept. 17 <sup>th</sup>	11:45-1:00
Saturday, Sept. 24 <sup>th</sup>	11:45-1:00
Saturday, Oct. 1 <sup>st</sup>	11:45-1:00
Saturday, Oct. 8 <sup>th</sup>	11:45-1:00
Saturday, Oct. 15 <sup>th</sup>	11:45-1:00

**Register online at [www.warwickworkouts.com](http://www.warwickworkouts.com)**

**Find your session under the register for workouts tab**

Contact Kris Warwick with questions about weekly workouts

Email: [warwickworkouts@gmail.com](mailto:warwickworkouts@gmail.com)

Cell: 391-6700 (Kris)

**WHERE CHAMPIONS TRAIN.**